

# National Faith-Based Mobilization Network

www.faithmonet.org

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## 2016 Suggested Health and Wellness Observances

### JANUARY 2016

- National Volunteer Blood Donor Month
- *Thyroid Awareness Month*

### FEBRUARY 2016

- American Heart Association American Heart Month/Wear Red Day (February 5)
- **Faith MoNet National Black HIV/AIDS Awareness Sunday (February 7)**
- **Faith MoNet Wear Red Sunday (February 14)**

### MARCH 2016

- **FaithMoNet/American Kidney Fund Kidney Sunday (March 6)/World Kidney Day (March 13)**
- National Women and Girls HIV/AIDS Awareness Day (March 10)
- **Taste Test Sunday (March 20)/American Diabetes Association Diabetes Alert Day (March 22)**
- *National Colorectal Cancer Awareness Month*

### APRIL 2016

- Minority Health Month
- World Health Day (April 7)
- *Sexual Assault Awareness and Prevention Month*

### MAY 2016

- American Stroke Association American Stroke Month
- **Faith MoNet Mother's Day Bells for Remembrance Breast Health Awareness (Sunday, May 8)**

- *National Mental Health Month*

- *Arthritis Awareness Month*

### JUNE 2016

- National Cancer Survivor's Day ® (June 5)
- **Faith MoNet Summer of Health and Wellness Vacation Bible School/Summer Camp (June and July)**
- Fireworks Safety Month (through July 4)
- Men's Health Month
- *Cataract Awareness Month*

### JULY 2016

- **Faith MoNet Summer of Health and Wellness Vacation Bible School/Summer Camp (June and July)**
- Fireworks Safety Month (through July 4).
- Minority Mental Health Month

### AUGUST 2016

- National Minority Donor Awareness Day (August 1)
- Easter Seals Make the First Five Count (August 7)
- *National Immunization Awareness Month*
- *National Breastfeeding Month*

### SEPTEMBER 2016

- National Childhood Obesity Awareness Month
- Sickle Cell Disease Awareness Month
- **Faith MoNet Senior Recognition Sunday (September 11)**
- **Faith MoNet Let's Move Weekend (September 16-18)**

### OCTOBER 2016

- National Church Safety and Security Month
- National Breast Cancer Awareness Month
- *National Bullying Prevention Month*

### NOVEMBER 2016

- Diabetes Awareness Month/Diabetes ID (I Decide) Day (November 11)
- Pancreatic Cancer Awareness Month
- National Alzheimer's Disease Awareness Month and National Caregiver Month
- American Cancer Society Great American Smoke Out (November 17)

### DECEMBER 2016

- World AIDS Day (December 1)
- National Drunk and Drugged Driving (3D) Prevention Month
- *National Influenza Vaccination Week (December 5-11)*

Key:

Bold – Faith MoNet sponsored events

Italicized – part of 5 year rotation

For more information or to volunteer to be an observance co-chair, e-mail [info@faithmonet.org](mailto:info@faithmonet.org).

*"Committed to Creating Health Equity"*