

National Faith-Based Mobilization Network

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Community Health Mobilization Training Overview

Module 1: Health Ambassador (8 hours)

Expected Outcome: Start a community health council

Unit A: Why do we need to mobilize communities?

Unit B: What is wholeness – mind, body, and spirit?

Unit C: What is the work of a community health council?

Unit D: How do you get started?

Module 2: Health Promoter (8 hours)

Expected Outcome: Perform community health council work

Prerequisite: Health Ambassador designation [Units A-D] plus the following Units:

Unit E: What is health promotion?

Unit F: How do you develop an effective, efficient marketing plan?

Unit G: How do you secure partners and resources?

Unit H: How does your community become an Ezra/Nehemiah community?

Module 3: Health Advocate (8 hours)

Expected Outcome: Sustain community health council work

Prerequisite: Health Promoter designation [Units E-H] plus the following Units:

Unit I: What is health advocacy?

Unit J: How do you use advocacy to promote sustainable policy change?

Unit K: How do you integrate self-care in your community health council work?

Unit L: How do you use health coaching to sustain change?

Continuing Education (8 hours annually)

Expected Outcome: Continue to grow in community health council work

Completion of Health Promoter [Units E-H], Health Advocate [Units I-L] designation, Parish Nurse, or Community Health Worker

**Health
Ambassador**
(8 hours)

Health Promoter
(8 hours)

Health Advocate
(8 hours)

(1) This training curriculum is based on the objectives of the International Parish Nurse Resource Center Faith Community Nurse training regime, the field work of the Rising Sun Usher Federation of Northwest Mississippi and the Mississippi Faith-Based Health and Wellness Network, the Health Ministry Association Guiding Principles, the andragogical principles advanced by Malcom Knowles, and the doctoral research of Dr. Michael O. Minor.

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